

Hanwell Herald



Hanwell Rural Community is proud to announce that the Foreman household of Hanwell, have been chosen to take part in the Live Net Zero Challenge!

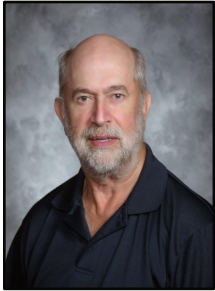
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Ward 4
Vacant

Ward 5
Vacant

Councillor at Large
Vacant

~ A Message From Mayor Dave Morrison ~

Hello fellow Hanwellians. Well, here is October, and one more summer has slipped by. A special thanks to our summer students, Sam, Ella, John, and Tianna. They had a busy summer working at Hanwell and had many accomplishments. For the trail walkers, you will see much evidence of their work.

We have a new recreation coordinator, Taylor Bradley. Taylor brings with him, loads of experience and tons of new ideas for Hanwell Rec. Bonus, he was a student here for several years. Drop in and say hello.

The 60th celebration of the Upper Kingsclear Fire Department was a great success with fantastic weather, loads of hamburgers and hot dogs, and a huge turnout.

With the upcoming by-elections in October, I hope lots of community-minded individuals have put their names forward. Council is looking forward to working with some great folks who have been willing to step up.

With the passing of Hurricane Lee, you may note our Emergency Measures Committee was heavily involved in keeping people up to date with many announcements through Voyent Alert!. Not knowing what the future holds, I would encourage everyone to register through the Voyent Alert! website at:

<https://ca.voyent-alert.com/vras/client.html#!/Registration>.

Community Contact Information:

Transport Information Centre (TIC): 1-833-384-4111 (11)

Capital Region Service Commission (CRSC/Property and Zoning): 506-453-2956

Hanwell Fire Departments: 506-363-5207

RCMP (Keswick, NB): 506-357-4300

BMI (Garbage contractor): 506-209-0669

Fero Recycling: 506-472-3376

Wild Life Nuisance Officer: 506-472-1150

SPCA(Dog control): 1-877-722-1522

MP John Williamson: Local: 506-466-3928, Toll free: 1-888-350-4734, Fax: 506-466-2813,

John.Williamson@parl.gc.ca

MLA Dominic Cardy: 506-453-8461, Dominic.Cardy@gnb.ca

Hanwell Happenings

Monthly ~ Regular Meeting of Council: 3rd Wednesday, 7:00 pm.

Northern Lights Dance Club ~ Monday, September 11th - Monday, December 18th, 5:30 pm - 6:30 pm.
Classes resume: Monday, January 8th - Monday, May 27th, 2024 (\$5.00/class). To register or for more information, please call Eric at: 506-455-0483, 506-447-1854, or email: ehart@nb.sympatico.ca.

Hanwell Community Church ~

Sundays - 11:00 am - Worship Service & Live Stream. Find us on Facebook.com/hanwellchurch.
Nursery & children's church time during service.

Thursdays - 10:30 am - 12:00 pm - Encouraging Hanwell Seniors - For ages 55+. Social time, food and refreshments.

- 6:15 pm - 7:15 pm - Kidz Club - Grades K to 5.

- 7:30 pm - 9:00 pm - Youth Group - Grades 6 to 12.

Fire Prevention Week ~ Sunday, October 8th - Saturday, October 14th.

By-Elections Advance Polls ~ Saturday, October 14th, 10:00 am - 8:00 pm.

By-Elections ~ Monday, October 23rd, 10:00 am - 8:00 pm. ***If you have a contest in your ward, you will receive a voter information card in the mail from Elections NB.***

Spookfest ~ Saturday, October 21st, at Hanwell Place, 5 Nature Park Drive, Hanwell.

Halloween Lights Contest ~ Saturday, October 28th - Tuesday, October 31st. Please call 506-460-1177, ext. 1, or email administration@hanwell.nb.ca to register by Tuesday, October 24th.

Remembrance Day Ceremony ~ Saturday, November 11th, at Hanwell Place, 5 Nature Park Drive, Hanwell, at 10:30 am. A reception will follow in the hall.

Christmas Craft Fair ~ Saturday, November 25th, at Hanwell Place, 5 Nature Park Drive, Hanwell, 10:00 am - 4:00 pm.

Christmas Tree Lighting ~ Sunday, November 26th, at Hanwell Place, 5 Nature Park Drive, Hanwell, 6:00 pm - 6:30 pm. A reception will follow in the hall.

Christmas Lights Contest ~ Friday, December 8th - Sunday, December 17th. Please call 506-460-1177, ext. 1, or email administration@hanwell.nb.ca to register by Friday, December 1st.

Keep an eye on our social media platforms for details about our upcoming events (www.facebook.com/HanwellRC & hanwell.nb.ca).

The Medicine Shoppe Pharmacy Hanwell Presents: Mastering Diabetes: A Pharmacist's Guide

Living with diabetes can seem daunting, but as a pharmacist and Certified Diabetes Educator, I'm here to simplify the path to better diabetes self-management. Properly taking your prescribed medications is essential. Communicate openly with your healthcare team, including your pharmacist, to ensure your medications are on track and working effectively. Pharmacists can guide you on using a glucose monitor and understanding your results, allowing you to make informed decisions about your lifestyle and medication. Simple lifestyle changes can make a big difference. Regular physical activity, quitting smoking, and managing stress contribute to better diabetes control. Maintaining a healthy weight is also vital.

Diabetes self-management is a collaborative effort that involves healthcare professionals, including pharmacists, working alongside individuals with diabetes. By focusing on medication adherence, blood sugar monitoring, smart eating, a healthier lifestyle, medication management, and seeking support, you can lead a healthier life with diabetes. Remember, you're not alone – your pharmacist is here to support your journey to better health.

Stephanie Feero BSc.(Hons) PharmD CDE

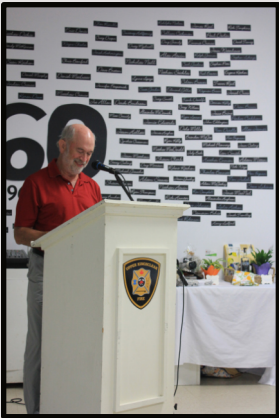
Congratulations Upper Kingsclear

Happy 60th Anniversary to the Upper Kingsclear Fire Department!!

Recently, the Upper Kingsclear Fire Department celebrated 60 years of commitment and hard work! We are so proud of our firefighters, who are a leading example of bravery, selflessness, loyalty, and friendship!

The Rural Community of Hanwell is lucky to have you all!

A big thank you goes out to Maddy Johnston for the beautiful pictures, which capture the joy experienced by all who attended this wonderful celebration!



The Foreman Household

Hanwell Family Selected To Participate In The Live Net Zero Challenge



Live Net Zero is a contest for Canadian families who have been committed to the new practice of minimizing their carbon footprints, and it is hosted by Canadian Geographic. The challenge involves 8 Canadian families who have been selected to challenge their practice of reducing the consumption of, and spending on, energy. The Foreman family has been selected to participate in the contest, which includes 6 challenges and the chance to reduce their carbon footprint the most out of 8 families, which would result in winning the \$50,000.00 cash prize. The challenge started on Monday, September 4th, and will run until Wednesday, February 28th, 2024.

Shane and Natalie Foreman are excited about taking on the challenges of Live Net Zero, with their children, and learning what it truly means to minimize their carbon footprint. They are equally looking forward to seeing their children (who are just as excited) learn how to minimize their own carbon footprints, and also lead by example. It is the Foremans' hope that more and more Canadians will follow this leadership, and over time, they will witness the outcome of many more minimized Canadian carbon footprints, born of altruistic inspiration.

Hanwell Rural Community is very proud to share the Foreman family's story, as they are residents of Hanwell, and the only family participating in all of New Brunswick. Hanwell Rural Community's motto, "Inspired by Nature", will be well represented, as the Foreman family continue to embark upon this exciting and rewarding challenge.

To learn more about the Live Net Zero challenge, follow along at:

<https://canadiangeographic.ca/live-net-zero/households/foreman>

An article was also written about the Foreman family, by the Daily Gleaner:

<https://tj.news/daily-gleaner/102161313>

To listen to an interview Natalie Foreman had with CMC Shift – NB, please visit this link: <https://www.cbc.ca/listen/live-radio/1-83-shift-nb/clip/16007511-live-net-zero>

To listen to an interview with both Maritime families with Bob Murphy during Maritime at Noon: <https://www.cbc.ca/listen/live-radio/1-38/clip/16009456>



Thank You Summer Students ~ 2023

We would like to thank our summer students for all their team-oriented and positive attitudes, and hard work! Good luck with school and keep in touch! We will miss you!



Sam, John, Tianna & Ella

******Missing from pictures, is Ella******

Introducing our new Director of Recreation and Parks!

Hi Hanwell! It's great to be back! For those who may not be familiar with myself, my name is Taylor Bradley, and I am thrilled to be the new Director of Recreation & Parks for our community!

I grew up on the other side of the Mazerolle Settlement Rd. in Upper Kingsclear! I've previously held various roles with the Rural Community of Hanwell as a summer student. I began as a Recreation Assistant, moved into a new role of Recreation Supervisor, and have spent time as a Parks Labourer due to the initial onset of COVID-19 in 2020.

I'm a proud graduate of both the University of New Brunswick and the University of Ottawa. I completed UNB's Bachelor of Recreation & Sport Studies degree in May 2021, before moving to Ottawa to complete my master's degree in human kinetics, with a Concentration in Sport Management. I've been fortunate enough to travel coast-to-coast as part of the Play On! Canada team in previous roles.

I look forward to collaborating further with all our community members! Take care!"

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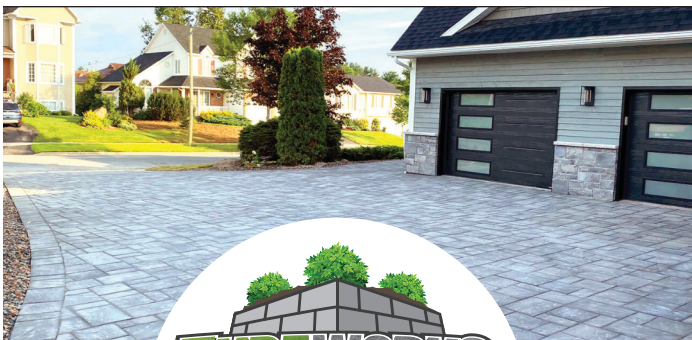
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Monday to Thursday
7a.m. - 6p.m.
Friday
7a.m. - 7p.m.
Saturday
7a.m. - 6p.m.
Sunday
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Keep an eye out for Christmas baking the week of November 1st!



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For more information, please visit: <https://voyent-alert.com/ca/community>. ~